

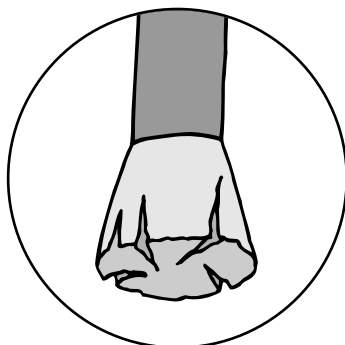
Canes

Canes are designed to support only 20 to 25% of your weight, not your entire body weight.

1. Hold cane in the hand on the strong (uninjured) side.
2. Adjust cane to height of bend in wrist.



3. Once a month, check rubber tip of cane to be sure it is not worn. Contact the company you rented or bought cane from to order new tips.



*tip worn –
needs to be replaced*